

OHIOOUTSIDE.COM

Trail Series

Saturday October 17, 2009 | November 14, 2009 | December 12, 2009

The OhioOutside.com Trail Series, a 5-mile off road trail race taking place in the Munroe Falls Metro Park, is great for the beginner to experienced trail runner. OhioOutside.com is very excited to be offering this event, which will showcase a 2-loop course through the park system and Indian Spring Trail. Be prepared for a challenging, yet fast course, with fantastic scenery and outstanding volunteers who will help make this series a favorite for years to come.

First Name: _____ Last Name: _____

Address: _____ City _____ State _____ Zip _____

Email: _____ Phone ___ - ___ - _____ Emergency Contact _____ Phone ___ - ___ - _____

Event: October 17, 2009 November 14, 2009 December 12, 2009

Age _____ Sex M F (circle)

Release: In consideration of the acceptance of this entry to the OhioOutside.com Trail Series, I do hereby, for myself, my heirs, executors, and administrators, waive and release and discharge OhioOutside, Summit County Metro Parks, and any additional hosts or sponsors, or their respective agents, representatives and employees, from all claims, demands, and rights of causes of action, present and future, whether known or anticipated, resulting from or arising out of either directly or indirectly, my participation in the race. I attest that I am physically fit and sufficiently trained for the completion of this race. I hereby grant full permission to any and all of the foregoing to use any photographs, videotapes, motion pictures, recordings, or any other record of the event for any legitimate purpose. I have read and understand the foregoing assumption of risk and release.

Signature Date: ___ - ___ - _____

Signature of parent or guardian if under 18 Date: ___ - ___ - _____

PLEASE RETURN THIS COMPLETED FORM TO:

OhioOutside.com Attn: Race Series 3540 Adaline Drive Stow, Ohio 44224

I HAVE INCLUDED MY CHECK PAYABLE TO: OhioOutside.com

5 Mile Race = \$22 registration fee (Do all three races for \$60.00)

The top 3 runners Men & Women overall and top two in each age group will receive an award.
Age Groups 18 & under | 19-24 | 25-29 | 30-34 | 35-39 | 40-44 | 45-52 | 53-59 | 60-69 | 70 plus

Packet Pickup opens at 6:30 AM
5 Mile Race begins at 8:00 AM
Post Race Snacks begin at 8:30 AM
Awards begin at 9:30 AM

For More Information and Directions please visit <http://www.ohiooutside.com/trail-series/index.html>